



Discover your Raleigh Parks and Recreation Department

ARTS

Art - Jumpstart Toddler Montessori

Age 18M - 42M

Come explore the wonderful world of learning as you guide your children through our classroom full of educational stations. From math and science centers featuring counting bears and enormous popping bubbles, to language arts centers featuring the works of Eric Carle and Dr. Seuss, your child will have so much fun, they won't even realize how much they are learning. Each week, students will be exposed to new educational concepts through a short musical lap-sit circle time and puppet show. Then students will be able to get creative with washable art projects. We will also explore 'social stations' full of building blocks, cooking centers, train sets, puppets and more. Get a jump start on preschool! A separate \$25 materials fee will be due to the instructor at the first class meeting that includes a CD of music to take home. Instructor: Rhonda Felton Manning, BS in Education.

#130013 Oct 5 - Dec 14 Fri 9:00 am -10:00 am Cost: \$50

Music - Harvest Harmonies by Moving to the Music

Age 18-42 mths.

The air is getting chilly, so turn up the heat in this lively class for our youngest music lovers. We will explore the magic of autumn through circle time songs, educational games and dramatic play for tiny toes. Your child will learn about pumpkins, fall leaves, apples, harvest time and many other fall concepts as we sing and dance our way through the season. Special events include arts and crafts projects, parachute games and much more! Each child will receive a music bag which contains a CD of the music used in our class. Parent participation is required. A separate \$45 materials fee will be due to the instructor at the first class meeting. Instructor: Rhonda Felton Manning, BS in Education.

#130014 Oct 5 - Dec 14 Fri 10:00 am - 11:00 am Cost: \$50

Art - The Colors of Fall by Toddler Time

Age 2-4yrs

Come discover the beauty of Fall in this art class designed for little fingers. From creating a colorful fall leaf wreath to decorating spooking pumpkins, your child will have fun while learning in this center based mini-preschool for our smallest students. Each week, students will have the opportunity to experience a variety of washable art materials as they move at their own pace through our project centers. Then, we will have a short Lap-Sit story time and puppet show to introduce your little ones to the joys of reading! So come on down for a jump start on learning and more importantly, a great experience with your child. Separate \$45 materials fee due to instructor at the first class meeting. Parent Participation required. Instructor: Rhonda Felton Manning, Ed. in Education.

#130015 Oct 5 - Dec 14 Fri 11:00 am - 12:00 pm Cost: \$50

Basket Making - Back to the Basics

Age: 14yrs and up

Want to learn to weave? This one-day class will teach you the basics of basket making. Learn the rules of weaving and leave with a cute, functional basket! Brenda Elshof instructs. A kit fee of \$20 will be payable to the instructor on the day of the class.

#131398 8-Sep Sat 9:30 am - 2:30 pm Cost: \$25

Basket Making - The Next Step in Baskets

Age: 18yrs and up

A continuation of learning to weave with new forms of weaving. We will create a fun and easy basket using a slotted oval base and unique handles. Start and stop, triple twin and color overlay techniques will also be taught. This class is appropriate for any level. Brenda Elshof instructs. A \$20 kit fee will be payable to the instructor on the date of the class.

#130009 10-Nov Sat 9:30 am - 2:30 pm Cost: \$25





Discover your Raleigh Parks and Recreation Department

ARTS

Music - Basic Guitar

Age: 10yrs and up

In a small group setting, students will learn the fundamentals of playing guitar including music theory, song structure, chord basics and how to read basic sheet music. Participants must provide their own guitar.

#130019	Oct 6 - Nov 17	Sat	1:00 pm - 2:00 pm	Cost:	\$150
---------	----------------	-----	-------------------	-------	-------

Piano - Introduction

Age: 5yrs and up

In these introductory private piano lessons, students will learn the basics of piano playing, music note reading, chords and songs. Lesson materials are included, but students should bring their own folder and pencil. Instructor: Maggie Zargo

#127534	Sept 15 - Oct 13	Sat	9:00 am - 9:30 am	Cost:	\$100
#127535	Sept 15 - Oct 13	Sat	9:30 am - 10:00 am	Cost:	\$100
#127536	Sept 15 - Oct 13	Sat	10:00 am - 10:30 am	Cost:	\$100
#127537	Sept 15 - Oct 13	Sat	10:30 am - 11:00 am	Cost:	\$100
#127538	Sept 15 - Oct 13	Sat	11:00 am - 11:30 am	Cost:	\$100
#127539	Sept 15 - Oct 13	Sat	11:30 am - 12:00 pm	Cost:	\$100
#127540	Oct 20 - Dec 8	Sat	9:00 am - 9:30 am	Cost:	\$100
#127541	Oct 20 - Dec 8	Sat	9:30 am - 10:00 am	Cost:	\$100
#127542	Oct 20 - Dec 8	Sat	10:00 am - 10:30 am	Cost:	\$100
#127543	Oct 20 - Dec 8	Sat	10:30 am - 11:00 am	Cost:	\$100
#127544	Oct 20 - Dec 8	Sat	11:00 am - 11:30 am	Cost:	\$100
#127545	Oct 20 - Dec 8	Sat	11:30 am - 12:00 pm	Cost:	\$100

Athletic Teams and Leagues

Youth Basketball 2012

Age 5 - 18 yrs.

The athletic department in coordination with the community centers offers basketball for ages 5-18. Registration is October 1-12, 2012. League age is determined by the age of the participant as of March 31st, 2013.

#130038	5 - 6 Coed	Cost:	\$36
#130040	7 - 8 Coed	Cost:	\$36
#130048	Boys 9 - 10	Cost:	\$36
#130052	Girls 9 - 10	Cost:	\$36
#130056	Boys 11 - 12	Cost:	\$36
#130060	Girls 11 - 12	Cost:	\$36
#130063	Boys 13 - 14	Cost:	\$36
#130066	District A/B Boys 15 - 16	Cost:	\$36
#131231	Boys 17 - 18	Cost:	\$36
#131230	Girls 13 - 15	Cost:	\$36





Discover your Raleigh Parks and Recreation Department

FITNESS

Youth Fitness & Athletic Development

Age 6-13 yrs.

Our trained instructor will work with participants at their level in a supportive environment to help them improve their overall fitness, as well as the skills necessary to excel in athletics, such as coordination, strength, speed and agility. Through age-appropriate activities and game play designed to make exercise fun, participants will gain confidence and improve their overall health and fitness.

#131409	Sept 22 - Oct 27	Sat	12:45 pm - 1:30 pm	Cost:	\$48
#131410	Sept 22 - Oct 27	Sat	1:45:00 pm - 2:30 pm	Cost:	\$48

Aerobics - DanceFit

Age 18 yrs. and up.

Join instructor Pat Sorrell for a full body workout designed for ladies of all ages. Starting out slowly, through small dance routines (series of exercise patterns to music), we begin to build our endurance and our strength, gaining a new positive awareness of our bodies.

#129701	Sept 12 - Dec 19	Wed	5:45pm - 7:00pm	Cost:	\$70
---------	------------------	-----	-----------------	-------	------

Belly Dance For Exercise - Beginners

Age 18 yrs. and up.

This class will introduce you into the mysteries of belly dance. You will learn what to do with your hips, torso, arms and belly while moving to exotic Middle Eastern music. These movements take you from gentle stretching to aerobic shimmies and will have you burning calories while having fun. Learn moves that are sultry, flirty, and graceful. You will have a new appreciation for the beauty within you and the power of your body. Class is 55 minutes long. Wear comfortable pants. Shoes are not worn in class. Kasha instructs. For additional information go to: www.kashabellydance.com

#129710	Oct 1 - Nov 12	Mon	7:00 pm - 7:55 pm	Cost:	\$77
---------	----------------	-----	-------------------	-------	------

Belly Dance for Exercise - Beyond Basic

Age 18 yrs. and up.

After learning the basics of bellydance, move on to Beyond Beginning and learn choreography, zills, and veil routines. Opportunities for performing are provided along with information on costuming, makeup and jewelry. This class is 55 minutes long. Kasha instructs. For more information on the program, visit Kasha's website at www.kashabellydance.com

#129713	Oct 1 - Nov 12	Mon	8:00 pm - 8:55 pm	Cost:	\$77
---------	----------------	-----	-------------------	-------	------

Bollywood Dance for Fun and Exercise

Age 18 yrs. and up.

Kasha will be teaching the exhilarating and beautiful Bollywood dance style of India. Incorporating both traditional Indian styles like Banghra as well as western influences like hip hop, you'll find that Bollywood dance is fun and energetic, as well as an excellent aerobic exercise. Women of all ages, shapes, sizes, and fitness levels are welcome-come prepared to have fun, shake your shoulders and swing your hips to this contagious fusion style of dance. It is a style that is easy to learn with no previous dance experience. Kasha will be teaching a complete choreography in this class. Wear loose fitting clothing and soft-soled shoes or bare feet.

#129717	Oct 2 - Nov 13	Tue	7:30 pm - 8:30 pm	Cost:	77
---------	----------------	-----	-------------------	-------	----

Stretch and Tone

Age 18 yrs. and up.

This class is designed to strengthen your muscles and tone your body. We will use weights to build endurance and strength. All levels of participants will enjoy the benefit of stronger muscles. Once your muscles become stronger, they will be toned up for a longer, leaner look. This class is a great supplemental workout routine. Pat Sorrell instructs.

#129705	Sept 11 - Dec 18	Tue	5:45 pm - 7:00 pm	Cost:	\$70
#129705	Sept 15 - Dec 15	Sat	9:15 am - 10:35 am	Cost:	\$65



RALEIGH PARKS AND RECREATION
Lake Lynn Community Center | 7921 Ray Road | Raleigh, NC 27613 | (919) 870-2911
www.raleighnc.gov



Discover your Raleigh Parks and Recreation Department

FITNESS (cont)

Yoga for All Levels

Age 16 yrs. and up.

This 75 minute class is designed to reduce tension and stress, and deliver total body serenity by balancing and strengthening of every system in the body. All levels are welcome. Pat Sorrell instructs.

#129703	Sept 13 - Dec 20	Thu	7:00 pm - 8:15 pm	Cost:	\$112
---------	------------------	-----	-------------------	-------	-------

Exercise - Weight Room/Fitness Centers

Age 18 yrs. and up.

Check out the fitness rooms around the city! Take advantage of the variety of cardiovascular and strength training equipment available around the city and get into shape. The fitness rooms will be open during normal center operating hours.

Participants must be 18 years of age or older. Please see staff for additional information.

#132254	Sep 1 - 30	Daily	Center Hours	Cost:	\$15
#132263	Oct 1 - 31	Daily	Center Hours	Cost:	\$15
#132264	Nov 1 - 30	Daily	Center Hours	Cost:	\$15
#132265	Dec 1 - 31	Daily	Center Hours	Cost:	\$15

Karate - Okinawan Shorin-Ryu

Age 7 yrs. and up.

A karate program to help improve your public speaking, leadership, balance, coordination, flexibility, and self-defense through the art of Okinawan Shorin-Ryu Karate-DO Okinawan and Kata. Uniforms can be purchased through the instructor at a discounted rate. Family discount for families of 3 or more available!

#129719	Sep 5-26	Wed&Mon	6:00 pm - 7:00 pm	Cost:	\$44
#129720	Oct 1-24	Mon&Wed	6:00 pm - 7:00 pm	Cost:	\$44
#129721	Oct 29 - Nov 21	Mon&Wed	6:00 pm - 7:00 pm	Cost:	\$44
#129722	Nov 28 - Dec 19	Wed&Mon	6:00 pm - 7:00 pm	Cost:	\$44

Drumming for Seniors

All Ages

Improve your physical and mental fitness, burn fat and release stress all while having fun. We combine traditional no to low impact aerobic movements with the powerful beat and rhythm of drums. You will use foam drumsticks (provided) on chairs. There is no sitting in this class. You will leave sweating, tired and smiling because you feel great. Come join the fun! This class can be adjusted for those individuals seeking a medium impact/high aerobic activity.

#127470	Sept 5-26	Wed	9:00am - 9:45am	Cost:	\$8
#127471	Oct 3-31	Wed	9:00am - 9:45am	Cost:	\$8
#127472	Nov 7-28	Wed	9:00am - 9:45am	Cost:	\$8
#127473	Dec 5-26	Wed	9:00am - 9:45am	Cost:	\$8

Seniorcise

All Ages

Low impact exercises for older adults. Strengthen your muscles and improve your movement for a healthier lifestyle. The goal of this class is to improve balance, flexibility, and strength through stretching, light weights, and aerobic activity. There are different instructors for each location.

#129997	Sept 4-27	Tue&Thu	9:00am - 10:00am	Cost:	\$15
#129998	Oct 2-25	Tue&Thu	9:00am - 10:00am	Cost:	\$15
#129999	Oct 30 - Nov 27	Tue&Thu	9:00am - 10:00am	Cost:	\$15
#130000	Nov 29 - Dec 27	Tue&Thu	9:00am - 10:00am	Cost:	\$15



RALEIGH PARKS AND RECREATION
Lake Lynn Community Center | 7921 Ray Road | Raleigh, NC 27613 | (919) 870-2911
www.raleighnc.gov



Discover your Raleigh Parks and Recreation Department

NATURE

Nature - Fall Harvest Pumpkins

Age 2-5 yrs

Have you ever wondered where pumpkins come from? We get them from a grocery store but they are plants we can grow in our yards. We will learn about seeds, decorate a pot, plant a seed and take it home to watch it grow. Seeds will be provided but you can bring your own if you prefer. Pre-registration is required FOUR days prior to program. For more information, contact Nature Programs at (919) 831-6856.

#127900	29-Oct	Mon	10:30 am - 11:15 am	Cost:	\$5
---------	--------	-----	---------------------	-------	-----

SOCIAL

Playgroup Tot Time

Age 6M - 5Y

The gym is your playground! Come meet other families in your community in a recreation setting. The gym will be reserved for parents and their young children. Sports and recreation equipment will be available for use. This program is free and registration is required to attend.

#130004	Sep 5 - Dec 19	Wed	9:30 am -11:30 am	Cost:	FREE
---------	----------------	-----	-------------------	-------	------

Holiday Cookies and Milk with Santa

Age 2-6yrs

Enjoy an afternoon with Santa! We will have cookies and milk for the kids and a holiday craft. Afterward, everyone will get a visit with ol' St. Nick! Pre-registration is required at least one week prior to the date of the event.

#130006	9-Dec	Sun	1:30 pm - 2:30 pm	Cost:	\$6
---------	-------	-----	-------------------	-------	-----

Kids Nite Out

Age 4-10yrs

Kids, grab all your friends and come on over for a night filled with fun just for YOU! We'll have a light dinner, make crafts or play games, and watch a movie. Registration 3 days prior to the program date is required.

#130016	Sept. 7	Fri	6:00 pm - 9:00 pm	Cost:	\$13
#130017	Oct. 5	Fri	6:00 pm - 9:00 pm	Cost:	\$13
#130018	Dec. 7	Fri	6:00 pm - 9:00 pm	Cost:	\$13

Senior Club - Lake Lynn Seniors

Age 55 yrs. and up.

Come and join your fellow neighborhood seniors for a weekly meeting. This group enjoys wonderful speakers and takes field trips throughout the course of the year. They meet at Lake Lynn on the 1st, 3rd and 4th Tuesday of each month. The 2nd Tuesday they meet off site.

#130003	Sep 4 - Dec 18	Tue	10:00 am -12:00 pm	Cost:	FREE
---------	----------------	-----	--------------------	-------	------

Senior Gamesters

Age 55 yrs. and up.

Our seniors at Lake Lynn know how to have fun. Come join them for ping-pong (Tuesdays and Saturdays) and card games (Tuesdays).

#130001	Sep 4 - Dec 18	Tue	6:30 pm - 8:30 pm	Cost:	FREE
#130002	Sep 1 - Dec 29	Sat	9:00 am -11:00 am	Cost:	FREE





Discover your Raleigh Parks and Recreation Department

SPORTS

All Sports - Little Starters

Age 3-5yrs

Want to try several sports? Little Starters introduces you to a different sport each week. Sports could include baseball, soccer, basketball, football, hockey, lacrosse and maybe others. Get your game on!

#130021	Sep 13 - Oct 4	Thu	9:30 am - 10:15 am	Cost:	\$36
#130020	Sep 17 - Oct 8	Mon	6:45 pm - 7:30 pm	Cost:	\$36
#130022	Nov 15 - Dec 6	Thu	9:30 am - 10:15 am	Cost:	\$36
#130023	Oct 6 - 27	Sat	9:30 am - 10:15 am	Cost:	\$36

Baseball - Little Sluggers

Age 3-5yrs

This class is an introduction in skills development that teaches the basics of baseball including fielding, hitting, throwing, and catching. Class will help develop your child's hand/eye coordination, listening skills, good sportsmanship and teamwork!

Let's play ball!

#130024	Oct 18 - Nov 8	Thu	9:30 am - 10:15 am	Cost:	\$36
---------	----------------	-----	--------------------	-------	------

Basketball - Little Shooters

Age 3-5yrs

A skills, drills and play shooters class. Players learn the basics including dribbling, shooting, passing, one-on-one, offense-defense and team play fundamentals for a rewarding non-competitive sports experience.

#130026	Oct 18 - Nov 8	Thu	10:30 am - 11:15 am	Cost:	\$36
---------	----------------	-----	---------------------	-------	------

Hockey - Little Goalies

Age 3-5yrs

This class is an introduction in skills development that teaches the basics of hockey including passing, shooting, and defense. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork!

#130028	Nov 15 - Dec 13	Thu	10:30 am - 11:15 am	Cost:	\$36
---------	-----------------	-----	---------------------	-------	------

Soccer - Little Kickers

Age 3-5yrs

This class is an introduction in skills development that teaches the basics of soccer including drills such as passing, dribbling, and shooting. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork! GOAL!!!!

#130030	Sep 8 - 29	Sat	9:30 am - 10:15 am	Cost:	\$36
#130029	Sep 13 - Oct 4	Thu	10:30 am - 11:15 am	Cost:	\$36

Baseball - Skills for Beginners

Age 6-9yrs

Play ball! This class will continue to develop the basics of baseball, including fielding, hitting, throwing, and catching. This class will help develop players for future league play, emphasizing good sportsmanship and teamwork as well as skills.

#130035	Oct 6 - 27	Sat	10:30 am - 11:15 am	Cost:	\$40
---------	------------	-----	---------------------	-------	------

Soccer Skills for Beginners

Age 6-9yrs

Goal! This class will continue to develop the basics of soccer, including dribbling, passing and shooting. This class will help develop players for future team play, emphasizing good sportsmanship and teamwork as well as skills.

#130033	Sep 8 - 29	Sat	10:30 am - 11:15 am	Cost:	\$40
#130034	Sep 17 - Oct 8	Mon	7:45 pm - 8:30 pm	Cost:	\$40





Discover your Raleigh Parks and Recreation Department

SPORTS (cont)

Basketball - Anthony Greenup Basketball Clinic

Age 6-12yrs

Anthony 'Airport' Greenup, former player for Shaw University and the Charlotte Bobcats, and current player for the world-famous Harlem Globetrotters, will be bringing his expertise to Raleigh in a basketball clinic created to excite both boys and girls about the game of basketball. His staff will work with participants through coaching and mentorship to teach technique, sportsmanship and attitude designed to make each player their best both on and off the court. T-shirts and refreshments will be provided, and participants will have a chance to get an autograph from Anthony himself! Pre-registration is highly recommended at least 7 days in advance of each clinic.

#131403	Sept. 15	Sat	10:00 am - 2:00 pm	Cost:	\$45
---------	----------	-----	--------------------	-------	------

Badminton

Age 18 and up

Join us for some badminton! All abilities are welcome! Cost is \$5 per day or a 10 pass for \$40.

#129994	Sept 10 Pass	Tue&Sun	Tue 6:30-8:45 & Sun 1:15-5:45	Cost:	\$40
#129995	Oct 10 Pass	Tue&Sun	Tue 6:30-8:45 & Sun 1:15-5:45	Cost:	\$40
#131001	Daily Pass	Tue&Sun	Tue 6:30-8:45 & Sun 1:15-5:45	Cost:	\$5

TENNIS

Tennis Jr Level 1

Age 6 yrs. - 18Y

No experience needed for this class. They will work on full swing forehand and backhand, volleys, overhead, serve, scorekeeping and the rules of tennis. To graduate to level 2, players must be able to serve 6 out of 10 in from the baseline, keep score and play a full court set. Please bring light loose fitting clothes, non marking sneakers and a racquet. Racquets will be available to borrow if needed. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class.

#130798	Aug 25 - Oct 6	Sat	10:00 am - 11:00 am	Cost:	\$48
#130799	Aug 25 - Oct 6	Sat	11:00 am - 12:00 pm	Cost:	\$48
#130783	Aug 27 - Oct 10	Mon&Wed	4:30 pm - 5:30 pm	Cost:	\$96
#130784	Aug 28 - Oct 11	Tue&Thu	5:00 pm - 6:00 pm	Cost:	\$96
#130800	Oct 20 - Dec 1	Sat	10:00am - 11:00am	Cost:	\$48
#130801	Oct 20 - Dec 1	Sat	11:00am - 12:00pm	Cost:	\$48
#130785	Oct 22 - Dec 5	Mon&Wed	4:30pm - 5:30pm	Cost:	\$96
#130786	Oct 23 - Dec 6	Tue&Thu	5:00pm - 6:00pm	Cost:	\$96

Tennis Jr Level 2

Age 8 yrs. - 18Y

Requirements: Must be able to serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full swing forehand, backhand, full swing serve, overhead, and good volley techniques while playing points. To pass, players must successfully demonstrate these techniques while playing a match. Please bring light loose fitting clothes, non marking sneakers and a racquet. Racquets will be available to borrow if needed. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class.

#130819	Aug 28 - Oct 11	Tue&Thu	4:00 pm - 5:00 pm	Cost:	\$96
#130820	Oct 23 - Dec 6	Tue&Thu	4:00 pm - 5:00 pm	Cost:	\$96



RALEIGH PARKS AND RECREATION
Lake Lynn Community Center | 7921 Ray Road | Raleigh, NC 27613 | (919) 870-2911
www.raleighnc.gov

Lake Lynn Community Center Activities and Events

September - December 2012



Discover your Raleigh Parks and Recreation Department

TENNIS (cont)

Tennis Jr Tiny Tots

Age 4 yrs. - 6Y

Eye-hand coordination games and fine motor skills are the focus of this fun introduction class. Please bring light, loose fitting clothing, non marking sneakers and a 19' or 21' junior racquet. Racquets will be available to borrow if needed. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class.

#130755	Aug 27 - Oct 10	Mon&Wed	5:30 pm - 6:00 pm	Cost:	\$48
#130756	Aug 28 - Oct 11	Tue&Thu	4:30 pm - 5:00 pm	Cost:	\$48
#130757	Oct 22 - Dec 5	Mon&Wed	5:30 pm - 6:00 pm	Cost:	\$48
#130758	Oct 23 - Dec 6	Tue&Thu	4:30 pm - 5:00 pm	Cost:	\$48

Tennis Jr. Tournament Team

All Ages

Designed for junior tennis players who have learned all shots, this team will workout and train for level 5 futures tournaments with the intention of establishing or improving their state ranking. Players will meet twice a week, to hit a large quantity of balls, work on conditioning, balance, speed and agility. Players will be encouraged to do additional training on their own with other team members and to attend USTA/North Carolina Level 5 Futures tournaments. Scholarships are available through the Raleigh Tennis Association. Call for additional details.

#130871	Aug 28 - Oct 11	Tue&Thu	7:00 pm - 8:30 pm	Cost:	\$144
#130872	Oct 23 - Dec 6	Tue&Thu	7:00 pm - 8:30 pm	Cost:	\$144

Tennis Adult Level 1

Age 18 yrs. and up.

No experience needed for this class. You will work on full swing forehand and backhand, volleys, overhead, serve, scorekeeping and the rules of tennis. To graduate to level 2, players must be able to serve 6 out of 10 in from the baseline, keep score and play a full court set. Please bring light loose fitting clothes, non marking sneakers and your racquet. Racquets are available to borrow. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class.

#130893	Aug 25 - Oct 6	Sat	9:00 am - 10:00 am	Cost:	\$48
#130883	Aug 27 - Oct 10	Mon&Wed	6:00 pm - 7:00 pm	Cost:	\$96
#130894	Oct 20 - Dec 8	Sat	9:00 am - 10:00 am	Cost:	\$48
#130884	Oct 22 - Dec 5	Mon&Wed	6:00 pm - 7:00 pm	Cost:	\$96

Tennis Adult Level 2.0/2.5 Drills

Age 18 yrs. and up.

Must be able to serve 6 out of 10 in from the baseline, keep score and have played a full court set. Must be NTRP 2.0 or 2.5 level. To pass, players must successfully demonstrate these techniques while playing a match. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class

#130910	Aug 28 - Oct 11	Tue&Thu	6:00 pm - 7:00 pm	Cost:	\$96
#130911	Oct 23 - Dec 6	Tue&Thu	6:00 pm - 7:00 pm	Cost:	\$96

Tennis Adult Level 3.0 Drills

Age 18 yrs. and up.

Must be at the NTRP 3.0 level or use full swing on all strokes during match play to enter this class. This is a drills class using all of your strokes. Topics may include topspin and underspin and slice on the serve. To advance to level 4, players must be at the 3.5 level or be able to hit topspin and underspin on both groundstrokes, underspin on both volleys and slice on the serve. Policy change - NO RAIN MAKEUPS! Class length is now 7 weeks instead of 6 and there are no rain makeups. The fee is still based on a 6 week class.

#130926	Aug 27 - Oct 10	Mon&Wed	8:00 pm - 9:00 pm	Cost:	\$96
#130927	Oct 22 - Dec 5	Mon&Wed	8:00 pm - 9:00 pm	Cost:	\$96

